

Attention Chaperones:

Please Assist with these Guidelines & Policies

An Adult **MUST** be in all areas where students/scouts are present at all times.

Chaperones will be required to be a group leader and help supervise the participants. Chaperones are responsible for the all of the children in their group (particularly after lights out when the Healthplex staff are no longer present during overnight events.) 1:8 ratio for Chaperones is required.

Announcements:

Food

- We will have snacks and drinks in the Lower Discovery area -see schedule for time. Absolutely no food or drink unless in the Lower Discovery Club with the exception of water bottles. Please clean up any food mess. Leave all areas clean.

Club Rules:

- For bathrooms, use the Discovery Club bathroom, lower level Family locker room, tennis facilities, or the boys & girls locker rooms ONLY.
- No one is allowed on the fitness floor, machines or fitness equipment.
- Do not take out equipment that is not part of the scheduled activities.
- Please do not tap the paddles/racquets for table tennis or tennis.

Pool Rules:

- PLEASE DO NOT USE THE TOWELS (you MUST bring your own towel).
- No one is allowed in the pool area unless it is your scheduled time –see schedule for time.
- **Do not** use Adult locker rooms - Please use Boys/Girls and/or Family locker rooms.
- No DIVING, spinning, or summersaults - forward jumping only and NO RUNNING.
- Do not leave the pool area unless you are dried and dressed.
- You MUST change in the CLOSED CHANGING Rooms in the Family Locker Room (not in the open area leading to the pool)

Climbing Wall Rules:

- Only climbers are allowed on the tile. All others must wait in line or the sitting area.
- Start climbing when the belaying staff signals you that they are ready.
- For your safety listen and follow instruction from the wall staff.
- Speak loud and clear when you are ready to come down.
- When repelling sit back and keep feet on the wall slightly pushing off.
- No horsing around while climbing.

First Aid:

- Rush-Copley Healthplex staff must be notified for all incidents or injury and RCHP staff must fill out Incident/Injury Report.
- The First Aid Kits are located at the registration Desk and Pool
- AED is next to the track on the lower level and behind the Front Desk.

Clean up:

- Please assist the Healthplex staff is all cleanup efforts.

Print Name _____ Signature _____ Date _____